



THE ASPEN INSTITUTE
PROJECT PLAY

CALLS FOR COACHES

Family questionnaire

A key piece of knowing every athlete's story is working with families to understand why their kids are playing sports and what experiences, beyond sport, their kids are coming to your team with. Coaches can use this worksheet to send questions directly to families or create an online survey form.

1. Has your child played sports before, either organized or not?

Yes

No

2. What obstacles has your child faced in playing sports?

3. Why have you and your child chosen to participate on this team?

4. What skills do you hope your child can learn to apply outside of sports?
 (e.g., Teamwork)

5. How would you rank life skills development (*skills that can be applied outside of sports*) as a priority in your child's participation on this team? Circle the answer that best applies.

High Priority

Somewhat

Neutral

Not a priority

6. What motivates your child to play sports?

7. How do **you** motivate your child in their sports experiences?

8. What support are you seeking from me as your child's coach?

9. What form of communication is the best way to keep in touch with you?

