















Questions to get to know your athletes

Use these questions as a guide for your initial conversations. Depending on the age of your athletes, you could send out via a survey.

- What name do you prefer, how do you pronounce it?
 - o Is there a nickname you prefer?
- Have you played this sport before?
- Have you faced any challenges in trying to play sports?
- What do you like most about playing our sport?
- What skills would you like to improve throughout the season?
- How can your teammates help you improve?
- How can I (and your other coaches) help you reach your goals?
- When you make mistakes, how does that make you feel?
- Why do you want to play on our team?
- What would make playing on our team most enjoyable for you?
- If you have played on a team before, tell me what you liked about your last team. What didn't you like?
- Have you faced challenges while playing sports based on the color of your skin, your background, your gender or where you live?
- How have your challenges impacted your motivation to play sports?
- What do you want to see our team accomplish?
- What role do you want to play on our team?

Interested in customizing? A Word version of this file is available from Project Play upon request.











